

LCN Connections Special Edition – August 2013
In Memory of Carol de la Herran

WHEN I THINK OF CAROL

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My first experiences of Carol centered on spiritual development and energy work.

In the first weekend in January 1998, at her friend Nancy Dorman's house on the New Land, she taught Reiki I to a group of ten of us. Reiki training begins with the instructor teaching but culminates in successive attunements, in which the instructor and her assistant proceed to put their hands on each person's head and convey something. What, how, it would be hard to say. Suffice it say now, as I said then, that I felt that this was the first time I had experienced a sacrament.

A few years later, during one of the "energy exchange" evenings Nancy Dorman used to sponsor, Carol and I chose to work on each other. When it was my turn, lying on my back with my eyes closed, I felt, without any uncertainty, Carol's hands a foot and a half above my body, balancing chakras. (I opened an eye to verify that her hands were where I was feeling them.) That was a unique experience, a small indication of how sure, able, and powerful she was.

